



בס"ד

CHEDER CHABAD GIRLS AND PRESCHOOL

NEWSLETTER

כ"ב טבת תשע"ז

January 20, 2017

פרשת שמות

הדלקת הנרות: 4:41

מוצאי שבת: 5:44



MOTHER & DAUGHTER

MELAVA MALKA

NEXT WEEK

מוצאי שבת פרשת וארא

January 28 – ר"ח שבט

FOR STUDENTS GRADES 5-8

MOTHER & DAUGHTER CHALLAH BAKE

Sunday Morning, ט' שבט, February 5

Grades 1-4



Grade 7
Science
Project
Mrs. Simchi





BULLIES TO BUDDIES

We are so thankful that we were able to have invite Izzy Kalman a school psychologist and physiotherapist who has developed unique methods for teaching people to deal with anger, aggression and relationship problems. He teaches how to turn your enemies into friends, and is the creator of the whole-school bullying reduction program. Our students enjoyed his presentation immensely. Let's hear from our students what they learned.



What we learned from the "Bully to Buddies" workshop

Grade 5

To keep calm when someone bullies you, not to get all angry.
 Not to care when people make fun of you.
 Not to be a bully and how to stand up for myself.
 To be friends with every one.
 How to make friends.
 How to deal with my brother.
 Not to get angry when someone does something mean to you, because then they will stop.
 I learned how to stop myself from being bullied.
 I learned ואהבת לרעך כמוך.
 I learned not to be a bully, and a few tips for when my brother starts up with me.

Grade 4

I learned to answer insults with compliments.
 Be prepared when you are bullied.
 Answer nicely, don't scream back.
 Girls got to role play with the presenter.
 Don't get mad at the bully.
 Think before you speak, if its going to encourage the bully or stop.
 Don't run to an adult, try to use words to solve the problem
 Answer back nicely
 Don't get angry so fast at the bully and don't believe what they say.
 Ignore silly comments and don't take them seriously
 Don't believe you are what the bully calls you.
 Don't act mad, it encourages them to continue.
 Calmly talk to the bully.
 Respond with compliments.
 Answer the bully in a nice way.
 Don't allow yourself to be pushed around.
 I learned how to act when someone insults me.
 Don't say bad to other girls.
 Don't react mean to bully.
 Don't allow bully to bully you, act calm.
 Role playing, don't run to teachers, deal with it yourself.

Thank you to the parents who sponsored the full day event

Bullies to buddies

Danzinger Family
 Silverman Family
 Weingarten Family
 Tilson Family
 Lakein Family

AROUND THE WORLD HAWAII



The place in the world we learned about was Hawaii. We learned how Hawaii is made out of 8 main islands. In the Hawaiian language there are only twelve letters A, E, I, O, U, H, K, L, M, N, P and W. Hawaiians love hula dancing and surfing. We also learned some of the language. Mahalo is thank you, and *ohana* is family and aloha is hello and goodbye.

There are two famous sights in Hawaii, the Hawaii volcano national park and USS Arizona Memorial. There are two historical events that happened in Hawaii, the attack of Pearl Harbor and



the annexation to the United States.
Written by: Liba Kolt—Grade 6



Thank you to the following families who have donated books to our school library.

POLINGER FAMILY IN HONOR OF BAILA'S BIRTHDAY

COHEN FAMILY IN HONOR OF ה'י טבת.

MARKOWITZ FAMILY IN HONOR OF HINDY'S BIRTHDAY.



Preschool



or

The rainy weather this week could not dampen our spirits water down our enthusiasm for learning in the Pre-school. As part of the unit on community helpers, our UPK classes were visited by real firemen who taught us so much and allowed us to climb aboard a real fire engine.

Nursery and UPK were also visited by another community helper, a Physician's Assistant. In honor of the רמב"ם יאריצייט he came to teach us how we can keep healthy! Thank you, PA Gurkov! Our Nursery class learned the letter 'n' this week and what adorable Chabad House signs they made to put on their front doors! My favorite word for 'n' is נסח, of course, and across the board we are

getting to be such experts at this. In Pre 1A Girls, an act of אהבת ישראל earns a pom-pom in the jar and a chance to press the button that lights up the classroom just like the מצוה lights up our lives! One of a Mystery Readers this week was an extra special surprise, Morah Trany, who came along to read us a book and show us her adorable baby daughter. We look forward to having her back in our class very soon.

Wishing you שבת טובה!

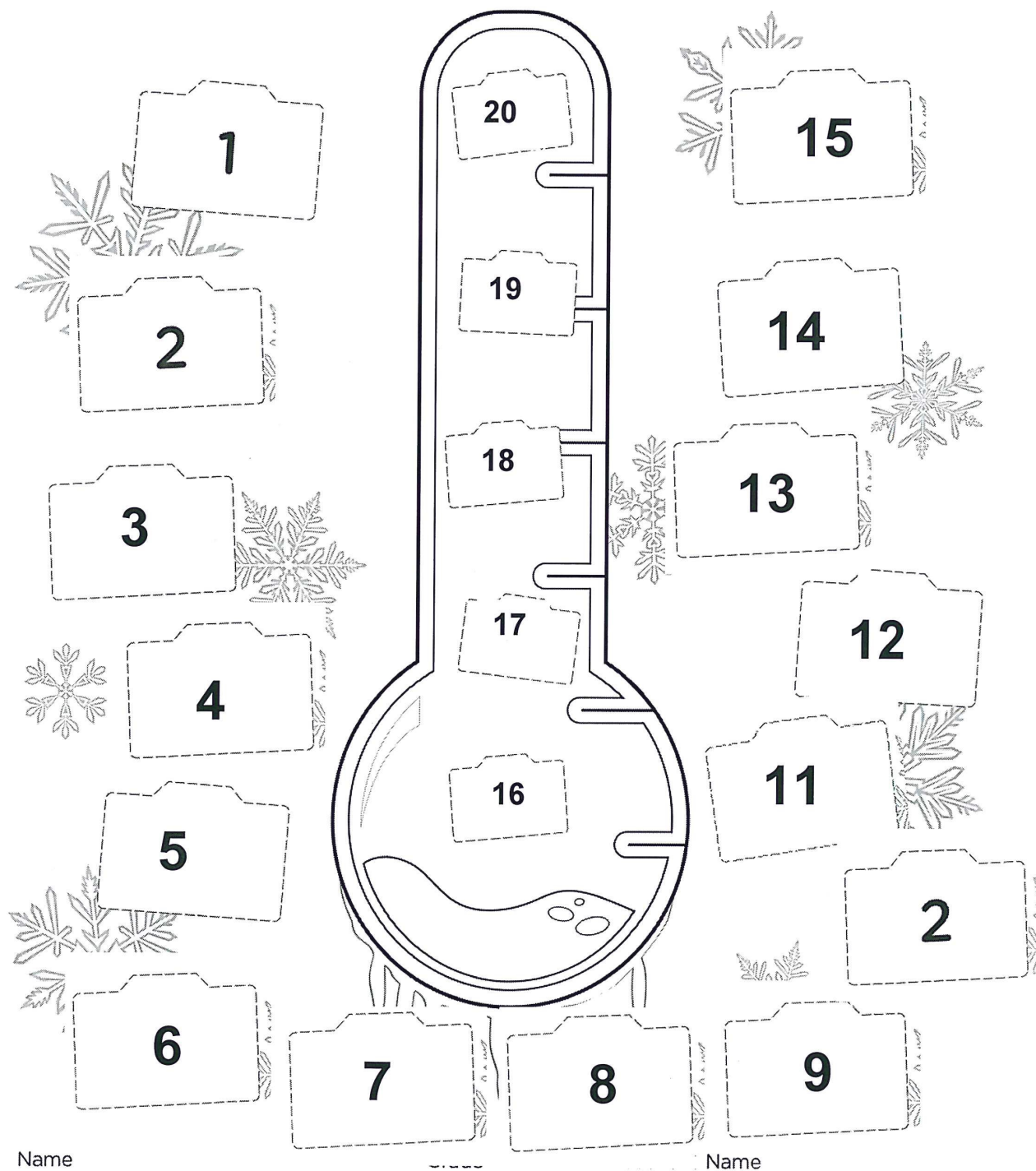
Morah Yona





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Name _____

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