

CHEDER BOYS FEBRUARY 2019 LUNCH MENU

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday
					1
3	4 Waffles Potato Blintz Onion Soup Garden Salad Vegetable Dip Egg/Tuna Salad Fresh Fruit Milk	5 Deli Baguettes French Fries Pickles Fresh Fruit Juice	6 Baked Ziti Noodles Baby Carrots/Grape Tomatoes Salad Dip Fresh Fruit Milk Tuna/Egg Salad*	7 Cheese Pretzels Veggie Bites Egg/Tuna Salad Fresh Fruit Milk	8
10	11 Bagels Vegetable Soup Tuna Salad Egg Salad Cream Cheese Sliced Vegetables Fresh Fruit Milk	12 BBQ Chicken Rice Hot Vegetables Fresh fruit Apple Juice	13 Individual Pizza French Fries Egg/Tuna Salad Fresh Fruit Milk	14 Penne Alfredo Noodles Baby Carrots/Grape Tomatoes Salad Dip Fresh Fruit Milk Tuna/Egg Salad*	15
17	18 Fish Sticks Hash Browns Hot Vegetables Fresh Fruit Milk	19 Hot Dog French Fries Pickles Fresh Fruit Juice	20 Pizza Pretzels Vegetable Soup Potato Bites Egg/Tuna Salad Fresh Fruit Milk	21 Macaroni and Cheese Noodles Baby Carrots/Grape Tomatoes Salad Dip Fresh Fruit Milk Tuna/Egg Salad*	22
24	25 Cheese Blintzes Potato Knish Ministrone Soup Tossed Salad Salad Dressing Egg/Tuna Salad Fresh Fruit Milk	26 Chicken Nuggets Rice Hot Vegetables Fresh Fruit Juice	27 Baked Ziti Noodles Baby Carrots/Grape Tomatoes Salad Dip Fresh Fruit Milk Tuna/Egg Salad*	28 Pareve Chulent Potato Kugel Sour Pickles Fresh Fruit Milk	

Milk-Low Fat and Fat Free, and ww bread served daily. Under the Hasgocha of Rabbi Yechiel Steinmetz shlit'a

*allergy alternative

Menu subject to change

