

CHEDER GIRLS APRIL 2019 LUNCH MENU

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday
	1 Cheese Blintzes Potato Knish Ministrone Soup Tossed Salad Salad Dressing Egg/Tuna Salad Fresh Fruit Milk	2 Chicken Nuggets Rice Hot Vegetables Fresh Fruit Juice	3 Baked Ziti Noodles Baby Carrots/Grape Tomatoes Salad Dip Fresh Fruit Milk Tuna/Egg Salad*	4 Pizza Bagel Potato Kugel Sour Pickles Fresh Fruit Milk	5
7	8 Italian Paninis Corn on the Cob Egg/Tuna Salad Fresh Fruit Milk	9 BBQ Chicken Rice Hot Vegetables Fresh fruit Apple Juice	10 Pita Falafel Israeli Salad Techina Charif Apples Milk	11 Macaroni and Cheese Noodles Baby Carrots/Grape Tomatoes Salad Dip Fresh Fruit Milk Tuna/Egg Salad*	12
14	15 PESACH VACATION	16 PESACH VACATION	17 PESACH VACATION	18 PESACH VACATION	19
21	22 PESACH VACATION	23 PESACH VACATION	24 PESACH VACATION	25 PESACH VACATION	26
28	29 Fish Sticks Hash Browns Hot Vegetables Fresh Fruit Milk	30 Potato Knish Ferfal Tuna Salad Cut Vegetables Fresh Fruit Milk			

Milk-Low Fat and Fat Free, and ww bread served daily. Under the Hasgocha of Rabbi Yechiel Steinmetz shlit'a

*allergy alternative

Menu subject to change

