

# CHEDER GIRLS JUNE 2019 LUNCH MENU

| Sunday    | Monday                                                                                   | Tuesday                                                                                    | Wednesday                                                                                                                   | Thursday                                                                                                                            | Friday    |
|-----------|------------------------------------------------------------------------------------------|--------------------------------------------------------------------------------------------|-----------------------------------------------------------------------------------------------------------------------------|-------------------------------------------------------------------------------------------------------------------------------------|-----------|
| <b>2</b>  | <b>3</b><br>Fish Sticks<br>Orzo<br>Hot Vegetables<br>Fresh Fruit<br>Milk                 | <b>4</b><br>Hot Dog<br>French Fries<br>Pickles<br>Fresh Fruit<br>Juice                     | <b>5</b><br>Pizza Pretzels<br>Vegetable Soup<br>Potato Bites<br>Egg/Tuna Salad<br>Fresh Fruit<br>Milk                       | <b>6</b><br>Macaroni and Cheese<br>Noodles<br>Baby Carrots/Grape<br>Tomatoes<br>Salad Dip<br>Fresh Fruit<br>Milk<br>Tuna/Egg Salad* | <b>7</b>  |
| <b>9</b>  | <b>10</b><br><br>SHAVUOS                                                                 | <b>11</b><br>Pizza Bagel<br>French Fries<br>Egg/Tuna<br>Fresh Fruit<br>Milk                | <b>12</b><br>Baked Ziti<br>Noodles<br>Baby Carrots/Grape<br>Tomatoes<br>Salad Dip<br>Fresh Fruit<br>Milk<br>Tuna/Egg Salad* | <b>13</b><br>Pizza Bagel<br>Potato Kugel<br>Sour Pickles<br>Fresh Fruit<br>Milk                                                     | <b>14</b> |
| <b>16</b> | <b>17</b><br>Italian Paninis<br>Corn on the Cob<br>Egg/Tuna Salad<br>Fresh Fruit<br>Milk | <b>18</b><br>French Toast<br>Syrup<br>Hash Browns<br>Egg/Tuna Salad<br>Fresh Fruit<br>Milk | <b>19</b><br>Pita Falafel<br>Israeli Salad<br>Techina<br>Charif<br>Apples<br>Milk                                           | <b>20</b><br><br>NO LUNCH                                                                                                           | <b>21</b> |
| <b>23</b> | <b>24</b>                                                                                | <b>25</b>                                                                                  | <b>26</b>                                                                                                                   | <b>27</b>                                                                                                                           | <b>28</b> |
| <b>30</b> |                                                                                          |                                                                                            |                                                                                                                             |                                                                                                                                     |           |

Milk-Low Fat and Fat Free, and ww bread served daily. Under the Hasgocha of Rabbi Yechiel Steinmetz shlita

\*allergy alternative

Menu subject to change

