October 2020

Cheder Chabad - Boys

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
27	28	29	30	1	2
4	5	6	7	8	9
11	12 Fish Sticks Hash Browns Hot Vegetables Fresh Fruit Milk …… orzo	13 Hot Dog French Fries Pickles Fresh Fruit Juice	14 Pizza Pretzels Vegetable Soup corn Egg/Tuna Salad Fresh Fruit Milk	15 Macaroni and Cheese Noodles Baby Carrots/Grape Tomatoes Salad Dip Fresh Fruit Milk Tuna/Egg Salad*	16
18	19 Cheese Blintzes Potato Knish Ministrone Soup Tossed Salad Salad Dressing Egg/Tuna Salad Fresh Fruit Milk	20 Chicken Nuggets Rice Hot Vegetables Fresh Fruit Juice	21 Baked Ziti Noodles Baby Carrots/Grape Tomatoes Salad Dip Fresh Fruit Milk Tuna/Egg Salad*	22 Pareve Chulent Potato Kugel Sour Pickles Fresh Fruit Milk	23
25	26 Italian Paninis Corn on the Cob Egg/Tuna Salad Fresh Fruit Milk	27 BBQ Chicken Rice Hot Vegetables Fresh fruit Juice	28 Pita Falafel Israeli Salad Techina Charif Fresh Fruit Milk	29 Macaroni and Cheese Noodles Baby Carrots/Grape Tomatoes Salad Dip Fresh Fruit Milk Tuna/Egg Salad*	30

November 2020

Cheder Chabad - Boys

Continental Kosher Catering

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
1	2 Waffles Potato Blintz Onion Soup Garden Salad Vegetable Dip Egg/Tuna Salad Fresh Fruit Milk	3 Deli Baguettes French Fries Pickles Fresh Fruit Juice	4 Baked Ziti Noodles Baby Carrots/Grape Tomatoes Salad Dip Fresh Fruit Milk Tuna/Egg Salad*	5 Cheese Pretzels Veggie Bites Egg/Tuna Salad Fresh Fruit Milk	6
8	9 Bagels Vegetable Soup Tuna Salad Egg Salad Cream Cheese Sliced Vegetables Fresh Fruit Milk	10 BBQ Chicken Rice Hot Vegetables Fresh fruit Juice	11 Individual Pizza French Fries Egg/Tuna Salad Fresh Fruit Milk	12 Penne Alfredo Noodles Baby Carrots/Grape Tomatoes Salad Dip Fresh Fruit Milk Tuna/Egg Salad*	13
15	16 Fish Sticks Hash Browns Hot Vegetables Fresh Fruit Milk ..... orzo	17 Hot Dog French Fries Pickles Fresh Fruit Juice	18 Pizza Pretzels Vegetable Soup corn Egg/Tuna Salad Fresh Fruit Milk	19 Macaroni and Cheese Noodles Baby Carrots/Grape Tomatoes Salad Dip Fresh Fruit Milk Tuna/Egg Salad*	20
22	23 Cheese Blintzes Potato Knish Ministrone Soup Tossed Salad Salad Dressing Egg/Tuna Salad Fresh Fruit Milk	24 Chicken Nuggets Rice Hot Vegetables Fresh Fruit Juice	25 Baked Ziti Noodles Baby Carrots/Grape Tomatoes Salad Dip Fresh Fruit Milk Tuna/Egg Salad*	26 Pareve Chulent Potato Kugel Sour Pickles Fresh Fruit Milk	27
29	30 Italian Paninis Corn on the Cob Egg/Tuna Salad Fresh Fruit Milk	1	2	3	4